

**Learning Outcome Based Curriculum Framework  
(LOCF)**

**For**

**M.P.Ed. (Master in Physical Education)  
Post Graduate Programme**



**Department of Physical Education  
Chaudhary Devi Lal University  
Sirsa-125055  
2021**

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## **1. About the Department:**

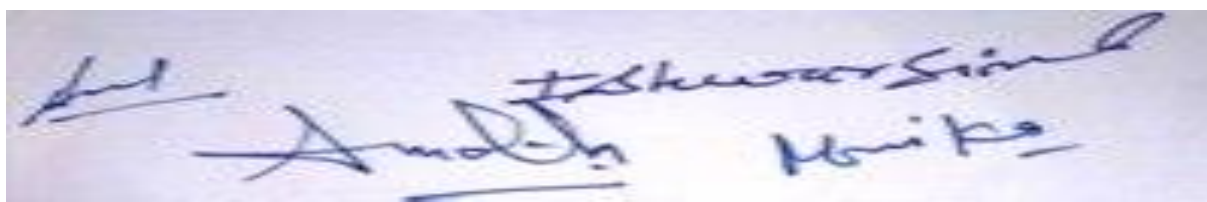
The Department of Physical Education, Chaudhary Devi Lal University, Sirsa was established in June, 2003 with major funding from the State Government of Haryana. The Department is located at the first floor of Tagore Bhawan of the University. The first batch of the students was admitted in August, 2003. So far the department has produced about 525 post graduate and 59 Ph.D. scholars, most of them have preferred to go for higher studies, some are actively engaged in jobs in various fields while some have developed their own business. Currently, department is running M.P.Ed (two year) and Ph.D. programs. The Department of Physical Education has four well aerated classrooms with defined sitting arrangement, electricity, projector and smart boards. Department has one well maintained playfield of 400 meters' athletics track, football. Handball, Basketball, Volleyball, Kabaddi, and Kho-Kho grounds. Department also have one multipurpose. The MPED programme of the department duly approved by NCTE.

## **2. Learning Outcome based Curriculum Framework.**

The Choice Based Credit Scheme evolved into learning outcome based curriculum framework and provides an opportunity for the students to choose courses from the prescribed courses comprising core, elective/minor or skill-based courses. The courses can be evaluated following the grading system, which is considered to be better than the conventional marks system. Grading system provides uniformity in the evaluation and computation of the Cumulative Grade Point Average (CGPA) based on student's performance in examinations which enables the student to move across institutions of higher learning. The uniformity in evaluation system also enables the potential employers in assessing the performance of the candidates.

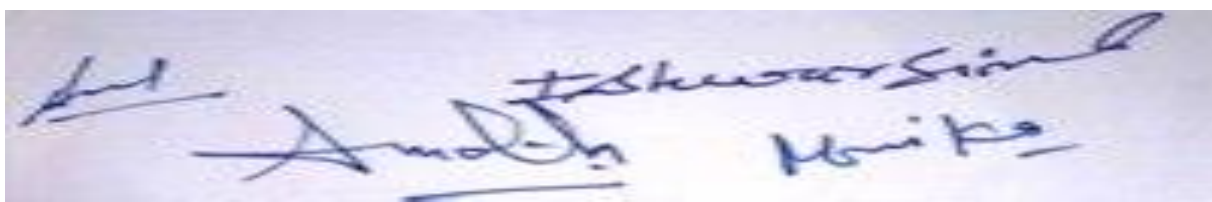
### **2.1 Objectives of the Programme**

The M.P.Ed. programme is designed to integrate the study of childhood, social context of Physical Education and Sports, enhance subject knowledge, pedagogical knowledge, achieve aim of Physical Activities and Sports skills. The programme comprise of compulsory theory and practical core courses, theory and practical discipline specific elective courses, skill enhancement courses and open elective courses. After completion of this programme one able to get job in private and government sector as well as him or her able to perform their own business. The programme will make a man perfect for job as well as their own works.



## 2.2 Programme Outcomes (POs)

<b>PO</b>	<b>Programme Outcomes (POs)</b>
<b>PO1</b>	Students will be able to comprehend the acquired knowledge during the Programme of study:
<b>PO2</b>	Students will be able to reflect on the issues relating to the Programme.
<b>PO3</b>	Students will be able to show the professional skills and competencies acquired during the Programme of study.
<b>PO4</b>	Students will be able to show scientific and research capabilities in their academic, professional and general lifepursuits.
<b>PO5</b>	Students will be able to apply the knowledge and skills acquired in academic planning, organizing, evaluation, decision making and resource management according to pre-determined objectives/ outcomes.
<b>PO6</b>	Students will be able to work as member or leader in multi- disciplinary and diverse settings.
<b>PO7</b>	Students will be able to discuss and solve the problems relating to the discipline.
<b>PO8</b>	Students will be able to state and follow the ethical issues relating to education and society.



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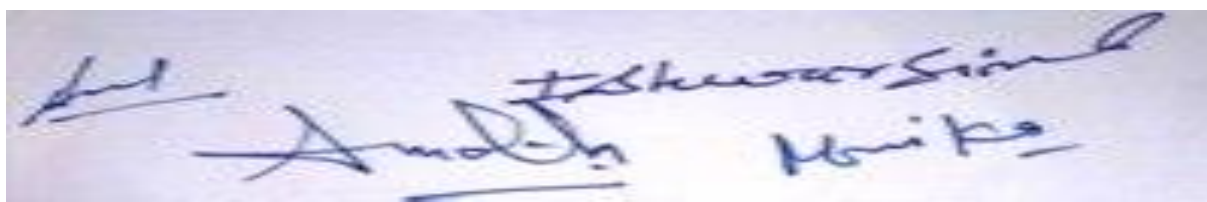
### 2.3. Programme Specific Outcomes (PSOs)

After completing the programme, the students will

PSO	Programme Specific Outcomes (PSOs)
PSO1	Understand the concept of Physical Education, Sports and Health.
PSO2	Able to write media reports and face interviews related to physical education, health, recreation and sports & games issues.
PSO3	Understand & Demonstrate movements & skills related to different indigenous activities, individual events, team events, combative sports and yoga to develop new talents during his professional life.
PSO4	Implement the different concepts of sports medicine, athlete care, rehabilitation for precaution and rehabilitation of sports related injuries.
PSO5	Using the knowledge of Biomechanics & Kinesiology for the correction of movements and promotion of sports performance.
PSO6	Test, Measure & Evaluate various aspects related to research, sports skill, human body, motor components and sports materials, surfaces of play fields, modern equipment's and training gadgets.
PSO7	Understand different psychological problems and qualities of sports Personnel and common men for better output.
PSO8	Analyze and generate new ideas in sports training and exercise physiology.
PSO9	Understand how to how to analyses the data and interpretative the results statistically.
PSO10	Understand and apply the ethical standards for values and environmental education.

### 3. Programme Structure

MPED Physical Education- a four-semester postgraduate programme is 108 credits weightage consisting of Core Courses (CC) Discipline Specific Elective Courses (DSC), Skill Enhancement Courses (SEC) and Open Elective Courses (OEC).



**Table 1: Courses and Credit Scheme**

Semester	Core Courses (CC)		Discipline Specific Elective Courses (DSC)		Skill Enhancement Courses (SEC)		Open Elective Courses (OEC)	Grand Total Credits			
	No. of Courses	Total Credits	No. of Courses	Total Credits	No. of Courses	Total Credits					
							A total of 12 credits are to be earned from other Departments or from Bonus  <i>Students have to opt open elective course in consultation with chairperson and Director, University Centre for Outreach Programme and Extension</i>				
1	4	15	2	7	1	3		15	7	3	25
2	4	15	2	7	1	3		15	7	3	25
3	4	15	2	7	1	3		15	7	3	25
4	4	15	2	7	1	3		15	7	3	25
<b>Total</b>	<b>Core Credits</b>	<b>60</b>	<b>Discipline Specific Elective Credits</b>	<b>28</b>	<b>Skill Enhancement Credits</b>	<b>12</b>	<b>Open Elective Credits</b>	<b>8</b>	<b>100+8 =108</b>		
<b>% age</b>	<b>Core Credits</b>	<b>56%</b>	<b>Discipline Specific Elective Credits</b>	<b>26%</b>	<b>Skill Enhancement Credits</b>	<b>11%</b>	<b>Open Elective Credits</b>	<b>7</b>	<b>100%</b>		

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**Table 2: Detailed break-up of Credit Courses**

	<b>Core Courses</b>	<b>Discipline Specific Elective Courses</b>	<b>Skill Enhancement Courses</b>	<b>Open Elective Courses</b>	<b>Total Courses</b>
	<b>CC</b>	<b>DSC</b>	<b>SEC</b>	<b>OEC</b>	
Semester 1	CC1	DSC1	SEC1		7
	CC2	DSC2			
	CC3				
	CC4				
Semester 2	CC5	DSC3	SEC2	OEC1	8
	CC6	DSC4			
	CC7				
	CC8				
Semester 3	CC9	DSC5	SEC3	OEC2	8
	CC10	DSC6			
	CC11				
	CC12				
Semester 4	CC13	DSC7	SEC4		7
	CC14	DSC8			
	CC15				
	CC16				

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**Table 3: Course code and Title along with credits detail**

Course Code	Course Title	Theory	Practical	Total
<b>Semester 1</b>				
MPed/GEN/1/CC1	Anatomy and Physiology	4	0	4
MPed/GEN/1/CC2	Health Education and Sports Nutrition	4	0	4
MPed/GEN/1/CC3	Sports Medicine	4	0	4
MPed/GEN/1/CC4	Class Room Teaching of core subjects	0	3	3
	<b>Students can choose anyone from the below DSC</b>			
MPed/GEN/1/DSC1	Information & Communication Technology ( ICT) in Physical Education	4	0	4
MPed/GEN/1/DSC2	Sports Technology			
	<b>Students can choose anyone from the below DSC</b>			
MPed/GEN/1/DSC3	Game: Football	0	3	3
MPed/GEN/1/DSC4	Game : Basketball			
MPed/GEN/1/SEC1	Track and Field: Running Events or Gymnastics	0	3	3
	<b>Total</b>	<b>16</b>	<b>9</b>	<b>25</b>
<b>Semester 2</b>				
MPed/ GEN /2/CC5	Sports Biomechanics and Kinesiology	4	0	4
MPed/ GEN/2/CC6	Research process in Physical Education & Sports sciences	4	0	4
MPed/GEN/2/CC7	Test, Measurement and Evaluation in Physical Education	4	0	4
MPed/ GEN/2/CC8	Class Room Teaching of core subjects	0	3	3
	<b>Students can choose anyone from the below DSC</b>			
MPed/ GEN/2/DSC5	Dissertation	4	0	4
MPed/GEN/2/DSC6	Education technology in Physical Education			
	<b>Students can choose anyone from the below DSC</b>			
MPed/ GEN/2/DSC7	Game :Volleyball,	0	3	3
MPed/GEN/2/DSC8	Game : Hockey & Handball			
MPed/ GEN/2/SEC2	Track and field	0	3	3

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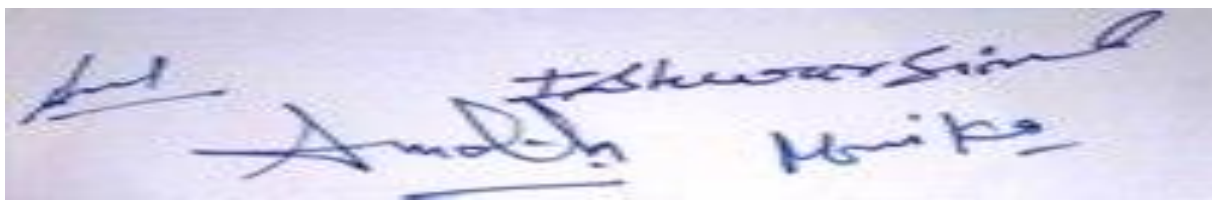


	Jumping events + Hurdles			
	<b>Total</b>	<b>16</b>	<b>9</b>	<b>25</b>
<b>Semester 3</b>				
MPEd/ GEN/3/CC9	Athletic Care and Rehabilitation	4	0	4
MPEd/ GEN/3/CC10	Scientific Principles of Sports Training	4	0	4
MPEd/ GEN/3/CC11	Applied statistics in Physical Education & Sports	4	0	4
MPEd/ GEN/3/CC12	Class Room Teaching of core subjects	0	3	3
	<b>Students can choose anyone from the below DSC</b>			
MPEd/ GEN/3/DSC9	Dissertation	4	0	4
MPEd/GEN/3/DSC10	Sports Journalism and Mass Media			
	<b>Students can choose anyone from the below DSC</b>			
MPEd/ GEN/3/DSC11	Game :Kho-Kho	0	3	3
MPEd/GEN/3/DSC12	Game : Kabaddi			
MPEd/ GEN/3/SEC3	Track and Field-Throwing, Heptathlon and Decathlon events.	0	3	3
	<b>Total</b>	<b>16</b>	<b>9</b>	<b>25</b>
<b>Semester 4</b>				
MPEd/ GEN/4/CC13	Yogic Sciences	4	0	4
MPEd/ GEN/4/CC14	Sports Psychology	4	0	4
MPEd/ GEN/4/CC15	Physiology of Exercise	4	0	4
MPEd/ GEN/4/CC16	Class Room Teaching of core subjects	0	3	3
	<b>Students can choose anyone from the below DSC</b>			
MPEd/ GEN/4/DSC13	Physical Fitness and Wellness	4	0	4
MPEd/GEN/4/DSC14	Sports Management and Curriculum designs in Physical Education			
	<b>Students can choose anyone from the below DSC</b>			
MPEd/ GEN/4/DSC15	Game :Wrestling	0	3	3
MPEd/GEN/4/DSC16	Game: Judo			
MPEd/ GEN/4/SEC4	Yog: Asans, Pranayama, Neti and Suryanamaskar	0	3	3
	<b>Total</b>	<b>16</b>	<b>9</b>	<b>25</b>


  
 Dr. Anand K. Gupta

**Table 4: Core Courses Offered by the Department**

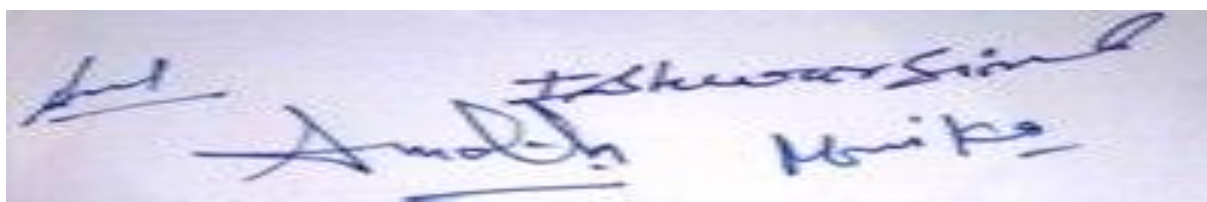
<b>Course Code</b>	<b>Course Title</b>	<b>Credits</b>
MPEd/GEN/1/CC1	Anatomy and Physiology	4
MPEd/GEN/1/CC2	Health Education and Sports Nutrition	4
MPEd/GEN/1/CC3	Sports Medicine	4
MPEd/GEN/1/CC4	Class Room Teaching of core subjects	3
MPEd/GEN/2/CC5	Sports Biomechanics and Kinesiology	4
MPEd/GEN /2/CC6	Research of Process in Physical Education & sports sciences	4
MPEd/GEN /2/CC7	Test, Measurement and Evaluation in Physical Education	4
MPEd/GEN/2/CC8	Class Room Teaching of core subjects	3
MPEd/GEN/3/CC9	Athletic Care and Rehabilitation	4
MPEd/GEN/3/CC10	Scientific Principles of Sports Training	4
MPEd/GEN/3/CC11	Applied Statistics in Physical Education & Sports	4
MPEd/GEN/3/CC12	Class Room Teaching of core subjects	3
MPEd/GEN/4/CC13	Yogic Sciences	4
MPEd/GEN/4/CC14	Sports Psychology	4
MPEd/GEN/4/CC15	Physiology of Exercise	4
MPEd/GEN/4/CC16	Class Room Teaching of core subjects	3
	<b>Total</b>	<b>60</b>



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**Table 5: Discipline Specific Elective Courses Offered by the Department**

MPEd/GEN/1/DSC1	Information & Communication Technology (ICT) in Physical Education	4
MPEd/GEN/1/DSC2	Sports Technology	
MPEd/GEN/1/DSC3	Game :Football	3
MPEd/GEN/1/DSC4	Game :Basketball	
MPEd/GEN/1/DSC5	Dissertation	4
MPEd/GEN/2/DSC6	Education Technology in Physical Education	3
MPEd/GEN/2/DSC7	Game :Volleyball,	
MPEd/GEN/2/DSC8	Game : Hockey & Handball	
MPEd/GEN/3/DSC9	Dissertation	4
MPEd/GEN/3/DSC10	Sports Journalism and Mass Media	3
MPEd/GEN/3/DSC11	Game :Kho-Kho	
MPEd/GEN/3/DSC12	Game : Kabaddi	
MPEd/GEN/4/DSC13	Physical Fitness and Wellness	4
MPEd/GEN/4/DSC14	Sports Management and Curriculum designs in Physical Education	
MPEd/GEN/4/DSC15	Game :Wrestling	3
MPEd/GEN/4/DSC16	Game :Judo	
	<b>Total</b>	<b>28</b>



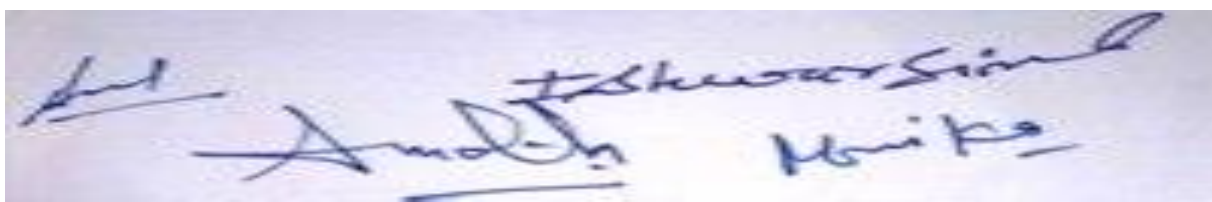
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**Table 6: Skill Enhancement Courses Offered by the Department**

MPEd/GEN/1/SEC1	Track and Field: Running Events or Gymnastics	<b>3</b>
MPEd/GEN/2/SEC2	Track and Field Jumping events + Hurdles	<b>3</b>
MPEd/GEN/3/SEC3	Track and Field-III Throwing Events introduction of Heptathlon event and Decathlon event.	<b>3</b>
MPEd/GEN/4/SEC4	Yog: Asans, Pranayama, Neti, and Suryanamaskar	<b>3</b>
	<b>Total</b>	<b>12</b>

**Table 7: Open Electives Courses Offered by the Department**

MPEd/GEN /9/OEC1	Exercise and their application	<b>4</b>
MPEd/GEN/9/OEC2	Physiological Preparation & Their application	<b>4</b>
	<b>Total</b>	<b>8</b>



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