

# Bio-Data



Contact Information

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Chaudhary Devi Lal

University Sirsa

**Dr. Ishwar Malik**

Associate Professor

Department of Physical Education

CDLU, Sirsa

## **QUALIFICATION**

PhD from Maharishi Dayanand University Rohtak in Year 2003

MA in Physical Education from Maharishi Dayanand University Rohtak in Year 1997

B.Ed Maharishi Dayanand University Rohtak in Year 2000

## **EXPERIENCE**

20 years' Experience of Assistant Professor & Associate Professor

in Physical Education Ch. Devi University, Sirsa.

## **SPORTS ACHIEVEMENT:-**

3<sup>rd</sup> position in all India inters university Handball

Championship held at Panjabi University Patiala from 1997.

Captain in inter university Football Championship held at P U Chandigarh from 1997.

## **PROFESSIONAL EXPERIENCE:-**

Two times of elected EC Member of CDL University Sirsa.

Appointed as an Official in Various Games in University Level.

Appointed as a many times C/supdt and D/supdt. in University Level.

Member of Faculty Education.

Member of PGBOS.

Member of UGBOS.

Took additional charge on the post of Sports Secretary.

Many times chaired in technical session in national Seminar.

## **SUPERVISION**

9 research scholars got their PhD and 22 research scholars got their MPhil in my supervision.

## **PUBLICATIONS**

Stress and General Depression (2006).

Management of Sports & Physical Education (2006).

Sports Psychology (2006).

Lay out of Play Fields 2008).

Yogka Jivan Main Mahtav (2015).

Organization and Administration (2019).

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**BOOK CHAPTER**

A 360 Exploration of new paradigms In Research.  
Emerging trends in fitness and sports Sciences.  
Weight management through exercise & Yoga.  
Indian Political economy Association 15<sup>th</sup> annual national  
Conference.  
Futuristic trends in Physical Education.

**CONFERENCE/ SEMINAR/ WORKSHOP/JOURNAL**

International paper presented entitled:- effect of Frustration  
on Goal orientation among sports and Non-Sports Person(7  
to 9 Feb. 2008)

International paper presented entitled:-relationship B/W  
sports Management and Educational Management.(25-  
26Feb. 2011)

International paper presented entitled:-Comparison of  
Dietary Pattern on Pulse and Blood Pressure .(2-3April  
2011).

International paper presented entitled:-The Impact of Yogic  
Practices of the Football Female Players (24-26 Feb.2012).

International Paper presented entitled:-Women  
Empowerment through Physical Activity (March 19 to 21,  
2015).

International Paper presented entitled:- Comparison of  
Physical Fitness Variables of Volleyball and Basketball  
Female Players ( Jan. 24 to 26, 2014).

International Paper presented entitled:- A study of Cardio  
Vascular Efficiency and Agility of Female Basketball and  
Netball Players (24-26Jan.2011).

International Paper presented entitled:- Comparison of  
selected physical fitness components and playing ability of  
Rural and Urban Basketball Players (26 June 2017).

International Paper presented entitled:- Comparative study  
of physical fitness components between Haryana and Delhi  
badminton male players (26 Feb. 2016)

International Paper presented entitled:- Different yoga  
poses or badminton players ( Feb 2022).

International Paper presented entitled:- health benefits of  
Surya Namaskar(June 2017).

National Paper presented entitled:- anthropometric  
characteristics of high and low fit Kabaddi Players: A  
Comparative Study(June 2017).

International Paper presented entitled:-study of relationship  
among physical fitness components of Haryana and Delhi

	<p>Badminton Players ( 2017).</p> <p>International Paper presented entitled:- a study of attitude of parents towards female sports (2018).</p> <p>International Paper presented entitled:- study of faculty and gender difference in research aptitude (2018).</p> <p>Participated in many national Workshop and Seminar.</p>
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