

## CURRICULUM VITAE



### **Dr. CHARAN SINGH**

Part Time Teacher  
Department of Physical Education  
Ch. Devi Lal University Sirsa  
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### PERSONAL PROFILE

Name : Charan Singh  
Father's Name : Sh. Mewa Singh  
Mother's Name : Smt. SurenderKaur  
Date of Birth : June 15, 1990  
Marital Status : Married  
Gender : Male  
Nationality : Indian  
Languages Known : English, Hindi and Punjabi  
Computer Skills : Basic Knowledge of Computer Application

**ACADEMIC QUALIFICATIONS**

Class	Roll No.	Year of Passing	Board/ University	Marks obtained	%age
Matric	05011652010	March, 2006	N.I.O.S.	329/600	54.83
10+2	3207793725	March, 2008	B.S.E.H	257/500	51.04
B.P.E.	19681	May, 2012	R.S.T.M. Nagpur	2289/3100	73.83
B.P.Ed.	12159510003	May, 2013	C.D.L.U. Sirsa	1172/1600	73.25
M.P.Ed.	13159500022	May, 2015	C.D.L.U. Sirsa	2562/3000	85.07
PG Diploma in YogVigyan	1437010681	Dec. 2015	D.S.V.V Haridwar	651/1000	65.10
Pre. Ph.D.	15159740001	March 2016	C.D.L.U. Sirsa	212/300	70.60
Ph.D. With (URS)	15159740001	Awarded w.e.f. 12-04-2019			

<b>TEACHING EXPERIENCE</b>					
<b>Sr. No.</b>	<b>Name of institution</b>	<b>Name of Designation</b>	<b>Periods</b>	<b>Experiences</b>	<b>Total Experiences</b>
<b>1</b>	Ch.Devi.Lal University Sirsa	U.R.S.	09/03.2016 To 21/08/2018	<b>2.year.05.month 12 days</b>	<b>5 years 8 months 15 days</b>
<b>2</b>	Lovely.Professional University.Jalandhar Punjab	Assistant Professor	28/01/2019 To 31/07/2019	<b>6.month.03 days</b>	
<b>3</b>	Guru.Kashi.University Talwandi Sabo Punjab	Assistant Professor	01/08/2019 To 14/03/2022	<b>2 year 07 month 13 days</b>	
<b>4</b>	Shah Satnam Ji Boys College, Sirsa	Assistant Professor	15/03/2022 To 12/04/2022	<b>28 Days</b>	
<b>5</b>	Ch.Devi.Lal University Sirsa	Part Time Teacher	13/04/2022 To Till date		

<b>ADDITIONAL CHARGE</b>					
<b>Sr. No.</b>	<b>Name of institution</b>	<b>Name of Designation</b>	<b>Periods</b>	<b>Experiences</b>	
<b>1</b>	Guru.Kashi.University Talwandi Sabo Punjab	Head of the Department College of Physical Education	01/08/2019 To 14/03/2022	<b>2 year 07 month 13 days</b>	
<b>2</b>	Guru.Kashi.University Talwandi Sabo Punjab	Dean College of	01/08/2019 To	<b>1 year 11 month 12 days</b>	

		Physical Education	13/07/2021	
<b>3</b>	Guru.Kashi.University Talwandi Sabo Punjab	Director Sports	26/12/2019 To 5/8/2020	<b>07 month 10 days</b>

### **CURRICULUM DESIGNING**

- Design the syllabus of CPD first aid Teesside University England.
- Design the syllabus of school of Physical Education Lovely Professional University Jalandhar.
- Design the Instruction Plan of school of Physical Education Lovely Professional University Jalandhar.

### **RESEARCH ACHIEVEMENTS**

- Resource Person International Conference in Physical Education conducted by Punjabi University Patiala 28-30 Nov. 2019.
- Organizing secretary 2 Days National Seminar Guru Kashi University.
- Resource Person in Yoga Workshop 22 Days at Lovely Professional University Jalandhar.
- External Examiner of Viva Voce MYT/M.P.Ed. Thesis in Guru Kashi University Talwandi Sabo 18/06/2019.
- Co-Chairmen in National Seminar in Physical Education conduct by G.D. College Bhuna 29/03/2019.
- Member of Scientific Committee 26<sup>th</sup> international Conference conduct by SKD University 15-16 Feb. 2020.
- Expert/ Member of interview committee for Ph.D. Admission at Guru Kashi University.

### **RESEARCH SUPERVISOR**

<b>Ph.D.</b>						
<b>Sr. No.</b>	<b>Name of Candidate</b>	<b>Department</b>	<b>Reg. No.</b>	<b>Topic</b>	<b>Status of Thesis</b>	<b>Name of Supervisor</b>
<b>1</b>	Mr. Jaspreet Singh	Physical Education		EXPLORING THE DISPARITY OF PSYCHOLOGICAL		

			<b>J177811001</b>	VARIABLE AMONG INDIVIDUAL SPORTS, TEAM SPORTS AND E-SPORTS “A PSYCHOLOGICAL PROBE”	<b>Degree Award</b>	<b>Dr. Charan Singh</b>
<b>2</b>	MS Manjit Kaur	Physical Education	<b>A177811005</b>	A STUDY OF GROWTH AND HEALTH RELATED PARAMETERS IN TEENAGED GIRLS IN RELATION TO SOCIO-ECONOMIC STATUS OF PUNJAB	<b>Degree Award</b>	<b>Dr. Charan Singh</b>
<b>3</b>	Mr. Navpreet Singh	Physical Education	<b>A157811011</b>	A study of Professionalism & Social problems of Physical Education and Sports teachers of Punjab state	<b>Degree Award</b>	<b>Dr. Charan Singh</b>
<b>Total Ph.D.Awarded= 03</b>						
<b>Mphill</b>						
<b>Sr. No.</b>	<b>Name of Candidate</b>	<b>Department</b>	<b>Reg. No.</b>	<b>Topic</b>	<b>Status of Thesis</b>	<b>Name of Supervisor</b>
<b>1</b>	Mr. Amritpal Singh	Physical Education	<b>167061001</b>	Relationship of Physical Fitness Variables with Basketball Playing Ability of District Level Basketball	<b>Successfully Completed</b>	<b>Dr. Charan Singh</b>

				Players		
<b>2</b>	Mr. Gaganpreet Singh	Physical Education	<b>157061001</b>	A Comparative study of selected psychological Variables in Rural and Urban School Players	<b>Successfully Completed</b>	<b>Dr. Charan Singh</b>
<b>3</b>	Mr. Mandeep Kumar	Physical Education	<b>177061004</b>	Efficacy of yogic exercises on the achievement motivation and anxiety of volleyball players	<b>Submitted</b>	<b>Dr. Charan Singh</b>
<b>4</b>	Mr. Jatinder Kumar	Physical Education	<b>157061005</b>	A study of identification of talent in wrestling at certain level of proficiency.	<b>Successfully Completed</b>	<b>Dr. Charan Singh</b>
<b>5</b>	Mr. Jagdeep Singh	Physical Education	<b>177061002</b>	A case study on Olympian Swarn Singh Virik in rowing.	<b>Submitted</b>	<b>Dr. Charan Singh</b>
<b>6</b>	Mr. Diljit Singh	Physical Education	<b>187061001</b>	Effect of meditative asan on selected psychological variables aimed team games.	<b>Submitted</b>	<b>Dr. Charan Singh</b>
<b>Total Mphil Submitted/Awarded= 06</b>						

- Three Research Scholars Submitted Ph.D. Thesis under of my supervision.
- Five Students Completed M.Phil Dissertation under my Supervision.
- One Students Completed M.P.Ed. Dissertation under my Supervision.
- Four Research Scholars are doing Ph.D. Under my supervision.
- Three Students are doing M.P.Ed. Dissertation under my supervision.

## RESEARCH PUBLICATIONS

<b>Book's Publication</b>				
<b>Sr. No.</b>	<b>Name of Title</b>	<b>Publication</b>	<b>ISBN No.</b>	<b>Total Books</b>
<b>1</b>	<b>The complete guide to the game of Archery</b>	<b>Friends Publication</b>	<b>ISBN978-93-84603-60-1</b>	<b>3</b>
<b>2</b>	<b>Biomechanics of Sports and Exercise</b>	<b>Sports Publication</b>	<b>ISBN978-93-88269-34-6</b>	
<b>3</b>	<b>Physical Fitness and Yoga</b>	<b>Friends Publication</b>	<b>ISBN978-81-7216-470-6</b>	

- **Sixteen Research Papers published in national and International UGC Referred Journals**
- **Four Research Paper published in Scopes index**  
<https://www.ijitee.org/download/volume-8-issue-7s2/>  
<https://www.ijrte.org/download/volume-7-issue-6s5/>
- Thirteen papers presented in National and International conferences.
- Two certificates of participation in National and International seminars.
- Two certificate of Participation in National Workshop 7 Days
- One certificate of Participation in workshop on RTI
- Ten certificate of FDP

- Co-organizing Secretary of one week International work shop held at Guru Kashi University
- Organizing Secretary on two Days National Seminar held at Guru Kashi University

#### **MEMBERS OF DIFFERENT COMMITTEE**

- Co-Convener of NAAC Committee Guru Kashi University
- Member of Academic Council Guru Kashi University held 23-june-2020.
- Member of Review committee of Academic Council of Guru Kashi University.
- Over all coordinator 7 days international yoga day held at 19-6-2020 to 26-06-2020 Guru Kashi University.
- Approver of NAAC Committee GKU.
- International Admission Coordinator GKU.
- Member of IQAC GKU.
- Member of Discipline Committee GKU.
- Member of Academic Council GKU.
- Convener of Stock Verification Committee Guru Kashi University.
- Organizing Secretary National Sports Day Guru Kashi University.
- Examination Coordinator Guru Kashi University.
- Member of Admission Stem line Committee Guru Kashi University.
- Member of Master Planer of Sports Complex Guru Kashi University.
- Member of Post Graduate Board of Studies (**PGBOS**) School of Physical Education Lovely Professional University.
- Chairmen of Post Graduate Board of Studies (**PGBOS**) College of Physical Education Guru Kashi University
- Academic Counselor School of Physical Education Lovely Professional University Jalandhar.
- Practical Examiners in Indira Gandhi University, Meerpur, Rewari.
- Member of Organizing Committee of Youth Festival CDLU Sirsa.
- Member of Discipline Committee of Youth Festival CDLU Sirsa.
- Subject Expert in PET test Organized by Muh Jain college Tohana.
- Member of sports selection committee in CDLU Sirsa.
- Member of sports selection committee in Lovely Professional University Jalandhar.
- Team manger of NZ Inter University.



- Chief of Athletics Meet Organized by Lovely Professional University Jalandhar.
- Member of Admission Committee Guru Kashi University.
- Member Secretary of Examination Grievance Cell during COVID 2019.

#### **EXTENSION LECTURES**

- Seven Extension Lectures delivered at Various Colleges.

#### **SPORTS ACHIEVEMENT**

- Director of Annual Athletic meet GKU.
- Sports Coordinator Department of Physical Education Lovely Professional University Jalandhar.
- Two times Inter-College Bronze Medal in Archery.
- One time Inter-College Bronze Medal in Volley Ball.
- One time Inter-College Bronze Medal in Basket Ball.
- One time Senior National Participation in Rugby.
- Two times All India Inter University Participation in Archery.
- Sports Gradation B2.

#### **OTHER ACHIEVEMENT**

- Participated in Punjabi Folk dance in Youth Festival Nov. 2014 at CDLU Sirsa.
- President Students Union National College Sirsa.
- Adviser Students Union CDLU Sirsa.
- NSS Merit Certificate.

Signature

Charan Singh