



Name **Dr. Ashok Kumar**

Father: Dr. Kanwal Singh

Permanent Address: #E II TYPE, E-2 University Campus,
Chaudhary Devi Lal University,
Sirsa-125055 (INDIA).

Qualifications: M.P.Ed from Kurukshetra University, Kurukshetra
M.Phil from Kurukshetra University, Kurukshetra
Ph.D. from Maharshi Dayanand University, Rohtak
(Physical Education)
NIS (Athletics) from Neta Ji Subash National Institute, Patiala

Present Status:. Associate Professor.

Teaching Experience:. More than 15 years, U.G & P.G. Classes, M. Phil and Pre-Ph.D.
(Physical Education)

Additional Charge : Assistant Secretary, Sports Council, CDLU, Sirsa (2014-2016) & Secretary, Sports Council, CDLU, Sirsa (2015-2016)

Teaching Papers
(i) Sports Psychology,
(ii) Kinesiology
(iii) Bio-Mechanics
(iv) Sports Training.

Research area: Sports Psychology, Kinanthropometry,
Kinesiology -Bio-Mechanics & Yoga.



Conference /Seminar: Representing the University in an International Conference held at Melbourne (Australia) in 2010 & attended various National & International Conferences from time to time.

Books/ Research Publications: Nine Books are published & 40 papers published in various National & International Journals.

Research Guidance : 32 Students supervised for M.Phil course and 13 PhDs have been awarded.

Invited Lectures and Chairmanships: Two Invitee Lectures & Nine Chairmanships at National and International Conference/ Seminars.

Papers presented: 9 papers presented in International Conference/ Seminars & 30 papers presented in National Conference/ Seminars.

Dr. Ashok Kumar Associate Professor

Department of Physical Education

Ch .Devi Lal University, Sirsa(Haryana)

